

You can get help to walk
the road to recovery



OUR SERVICES

ACBHS employs a Licensed Drug and Alcohol Counselor who can provide:

- ◆ Substance Use Evaluations
- ◆ Substance Use Level 1.0 Treatment
- ◆ Referrals to Inpatient Facilities
- ◆ Referrals to (IOP) Treatment
- ◆ Brief Interventions (Youth)
- ◆ Prevention Interventions
- ◆ Youth Treatment

Attention Youth!

There are opportunities for you to advise and make decisions related to procedures that impact you; plan, organize and lead program activities and projects; develop social skills and decision-making abilities; learn values and marketable skills for adulthood; and contribute to your community and serve others.

PLEASE CALL
530-694-1816

"The strongest people are not those who show strength in front of us, but those who win battles we know nothing about."

- Author Unknown

PREVENTION
MATTERS

24-Hour Access

Alpine County Behavioral Health Services offers 24-hour access to information regarding Mental Health and Substance Use Disorder Treatment services, as well as 24-hour crisis response services.

PLEASE CALL
1-800-318-8212



For more information regarding services, access, eligibility, events and programs, or how to get started, call Monday-Friday, 8am-5pm
530-694-1816

Or visit one of our locations:

40 Diamond Valley Road, Markleeville

96 Washoe Blvd, Markleeville

367 Creekside Drive, Bear Valley

www.alpinecountycalifornia.gov

Substance Abuse and Prevention



Alpine County Behavioral Health Services

PLEASE CALL
530-694-1816





As your substance abuse services provider we have specific goals:

- ♦ *Provide treatment to help you address substance use disorders*
- ♦ *Work with you and other health care providers to arrange for your quality care*
- ♦ *Be sensitive to your needs and respect your privacy*

As the participant you also have specific responsibilities:

- ♦ *Work with us to choose the best treatment option for you*
- ♦ *Participate in creating your treatment plan*
- ♦ *Keep your appointments as scheduled, or call if you cannot attend the appointment*
- ♦ *Work on treatment goals with your Counselor*

Stronger Together



What happens when I call?

You will participate in an initial phone conversation to discuss your concerns.

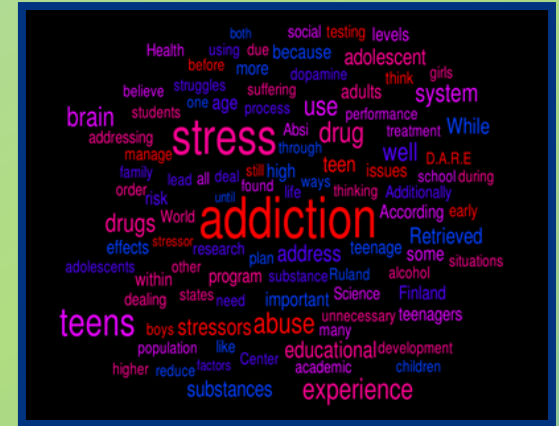
The counselor will ask a series of questions to assess your needs and help determine which type of treatment is appropriate for you. An in-person intake appointment will be scheduled, or if needed, immediate services may begin according to the urgency of your needs.



**PLEASE CALL
530-694-1816**

ACBHS believes in connections through community. Please join us for a variety of events and programs open to all Alpine community residents.

Life stressors that increase addiction



The mission of ACBHS is to provide safe, ethical and accessible services that inspire growth and development through strength-based behavioral health program and supportive connections.



Our work focuses on:

- ♦ De-stigmatization for those seeking substance use disorder (SUD) treatment or prevention services
- ♦ Increasing engagement in services
- ♦ Generating awareness of prevention, intervention, treatment and recovery services available